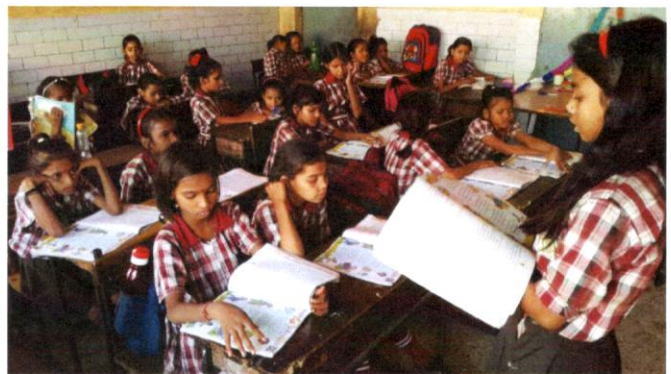
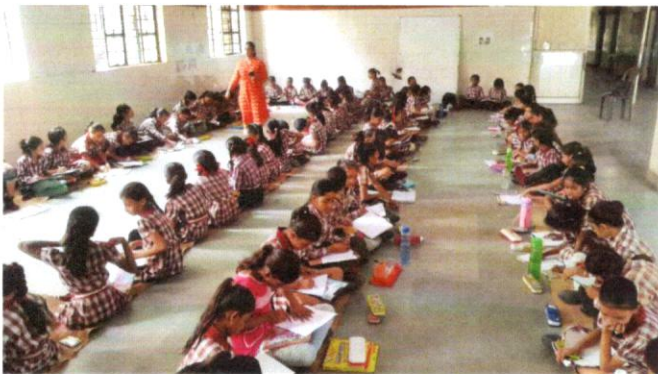


DISHA

(SOCIETY FOR URBAN & RURAL COMMUNITY DEVELOPMENT)

Annual Report



2019-2020



Contact

Contact: 13/88, Block C-4/B, Janakpuri, New Delhi -110058, India

Phone: +919810078620 Email: dishaindiasociety@gmail.com

*Self
Ahead*

RAVI CHOPRA
Secretary, DISHA
13/88, C4/B,
Janak Puri, New Delhi



OUR MISSION

DISHA's mission is to make real the idea of society consisting of having social, economical and educational empowerment of the underprivileged sections of the society towards grass roots democracy. The commitment is to eradicate all forms of injustice and discrimination against women and children and to build unity and solidarity through peace and justice.

To realize our dream, we feel called to join the under-privileged community in their struggle to create a just society through 'Antyodaya' (the awakening of marginalized people) and 'Gram Swarajya' (People's participation in governance).

AIM

- ◆ Empowering poor women towards self-reliance, gender equality, better health, capacity building, developing leadership qualities and training in managerial skills through formation of cooperatives, and self-help groups.
- ◆ Increasing functional capabilities through non-formal education.
- ◆ Introducing experiment and innovation to emphasize on vocational education and skill upgradation.
- ◆ Developing communication material, designing training support material and utilization of traditional and modern communication media.
- ◆ Educating young women and men on issues concern with reproductive health and family planning through community-based initiatives.
- ◆ Using effective channels of communication to deal with the problems related to environment, shelter, sanitation, infrastructure and health.
- ◆ Emphasizing upon human resource development by nurturing local talents and resources with various development skills through training workshops and learning exposures
- ◆ Undertaking case studies related to issues concerning women and children

ORGANISATION PROFILE

Address:	13/88, Block C-4/B, Pocket 13, Flat No. 88 Janakpuri, New Delhi - 110058.
Administrative Office:	Block C-5/D, 6A, Janakpuri, New Delhi-110058
Phone:	011- 41570597, 9810078620
Fax	011-41570597
Email:	dishaindiasociety@gmail.com
Web site:	www.dishaindiasociety.org
Social media:	https://www.facebook.com/Dishaorganisation https://twitter.com/Shobhana_Disha
Field Office:	Basti Vikas Kendra, Khazan Basti Nangal Raya, New Delhi
Year of Establishment:	1992
Chief Functionary:	Ms. Shobhana Radhakrishna

LEGAL IDENTITY

- DISHA is a voluntary organization registered under the Society Registration Act 1860 with registration number S/23467 dated 10.10.1992.
- DISHA is registered u/s 12A of the Income Tax Act, 1961 with registration number 251/93-94 dated 21.1.1994, and also 80G (5) (VI) with DIT (Exemptions), 1976 with registration number DIT (E) 2007-2008/D 534/2106 dated 10/10/2007.
- DISHA is registered u/s FCRA 2010 with registration number 231650748
- The PAN number of DISHA is AAATD2251L
- Name and address of the Banker:
 - ◆ Bank of Baroda, Kirti Nagar Branch, New Delhi 110015
(for Indian money and FCRA Account)
- Name and Address of Auditors:

Ram K. Gupta & Associates, Chartered Accountants
F-9/12, Ground Floor, Malviya Nagar, New Delhi-110 017
Phone 011-2667 7211 (o) 011-26682204 (R)

GEOGRAPHICAL COVERAGE

DISHA works in six slum clusters of Delhi with children, adolescents, youth and women and their families.

In Delhi

NAME	LOCATION	Number of families covered by DISHA
Kanchan Basti Slum	Nangal Raya	200
Rewari line Slum	Mayapuri Phase – II	450
Khazan Basti Slum	Nangal Raya	150
Jahawar Basti Slum	Kirti Nagar Industrial area	200
Chuna Bhatti Slum,	Naraina Industrial area	200
Sabzi Mandi slum	Nangal Raya	350

- **Information on the objectives and a description of the main activities of the year:**

DISHA is a voluntary organization working for socio-economic development of urban and rural communities. DISHA is inspired by Mahatma Gandhi's ideology of serving the downtrodden, poorest of the poor and marginalized sections by working on peace, justice, human rights, education, health, employment generation and development.

These programs are based on the felt needs of people with an effort to mobilize participation for their individual and community development. DISHA was founded in 1992 and since then these initiatives have helped people on the path of self-reliance, dignity, justice and empowerment.

- **DISHA implemented the following main activities this year:**

- School improvement interventions in MCD primary schools
- Education for vulnerable children in Delhi
- Skill training for women and children
- Health awareness programs and camps
- Digital Learning for children and youth
- Peace education for youth and community
- Community awareness about COVID-19

DETAILS OF MAJOR PROJECTS TILL MARCH 31, 2020

❖ EDUCATION

• Providing education support to Children Studying in Municipal Corporation Primary Schools in New Delhi

With the long term project goal to engage with government schools to complement SSA program for quality education, retention and completion of primary schooling of disadvantaged girl children; DISHA is implementing the in-school interactive project for education of girl children studying in North Delhi Municipal Corporation primary schools of Delhi in the academic year 2019-2020. The project is being implemented in close collaboration with the education department of the North Delhi Municipal Corporation after obtaining the required permission to carry out the project in two Municipal Corporation Primary Schools in Karol Bagh zone:

- MCPS, Naraina village, shift – I
- MCPS, J.J. Camp Naraina, shift- I, Inderpuri



DISHA provided academic support in Hindi and Math to 770 girl children studying in class 3rd to 5th. The academic support was given to students in the classroom as well as in the resource centres for enhancing the quality of education of the students. DISHA also engaged the class teachers by sharing information and outcome of the innovative pedagogy being used by DISHA successfully through school curriculum interventions. The activities are:

Resource support in schools:

DISHA placed a school facilitator each in two MCPS schools to provide the academic support to the students. They held weekly meetings with the respective class teachers to gather information about the lessons planned by them. Thus, the school facilitators provided academic support in Hindi and Math for three days each to two sections from standards 3-5.

Regular meetings were held with the Principals and Class teachers of both MCPS schools with Project Coordinator and the facilitators of DISHA. As per their suggestions the learning disabled students from standard 3rd to 5th were identified by the school Principals and the class teachers and DISHA provided support in Hindi and Math daily. The facilitators took up activity-based learning to help the students revise what the class teachers had taught in the classroom.

DISHA established resource centers in the space allocated by the school. The TLM, Story books and resource materials were placed for the students to use and learn. Students were brought in resource centers to carry out activities with the teaching-learning material. DISHA organised many non-scholastic events as well in the resource center including *sulekh* and Hindi reading camps, poetry recitation competitions, drawing, role play, games, quiz, storytelling and outdoor games.

School Curriculum Intervention and Classroom Support:

In the new academic session from April 2019, the school facilitators provided academic support to students in the resource centers. In the schools, the class-wise lesson plans were discussed with the class teachers and modified as per the weekly teaching plans of the class teachers. Accordingly, the school facilitators provided academic support in standards 3-5.

Training of children in painting

DISHA organised training in drawing and painting with 100 children on the occasion of UN International peace day. Children made paintings on the theme “The climate action for peace”. Children also made drawings on the symbol of the human chain. The paintings were given to the Principal for display in School



Training of children in moral values

Children were taught peace and non-violence and speaking truth, using the childhood story of Mahatma Gandhi.

They were surprised to know that how a shy child like them become a Mahatma applying truth and honesty. Children explored five more helpful and peace achieving values called- ORACLE. These are – ‘Observe, Restraint, Accept, Celebrate, Love of Labour, and Evolve’. Children tried to understand different values like Honesty, Self-Reliance, and punctuality through role-plays, sharing their experiences etc. those children applied ORACLE were given a name SWA.



It can also be defined as “Self-Woven Art” wherein a person trains oneself to become a disciplined citizen. Children too came to know that when people follow one holistic value of ‘love for manual labour’, they become humble, honest, and loving qualities without which a world of peace and harmony is not possible.

Organising Gandhi Katha



A series of Gandhi Katha were organized with the children of class 3rd to 5th as part of celebrations of 150th birth anniversary of Mahatma Gandhi. Children were talked about the various aspects of Gandhi's life and independence movement. Topics covered were Balak Mohan, Charta Mohan, Barrister Mohan Das Gandhi, Color discrimination, Contribution of Mahatma Gandhi in the independence movement. Children also train to recite Gandhi Dhun.

Quiz competition was also organized on Mahatma Gandhi with children of class 5th section A, B and C in MCPS JJ Camp Naraina. Children participated enthusiastically in the quiz competition Prizes were distributed to the winners.

Hindi Reading Camp

Hindi reading camp was organized for one week for the weak students. Two hours special session was organized by facilitators for all sections of class 3rd to 5th with focus to enhance reading capabilities using various story books. Children also participated in-pair learning exercise. The assessment through observation shows mark improvement in reading skill of students.

Visit of university students:

It was a rare opportunity for DISHA to take Japanese students from Tokyo University and from Sweden, Ms Ulrika Nimstrand, Raoul School, Stockholm for volunteering in the classroom activities and to interact with students, teachers and Principals in MCPS J.J.Camp, Naraina on September 2019. Japanese students accompanied by school facilitators went to each of the classes for 90 minutes.



In half an hour session child demonstrated their learning while in the next 60 minutes, Japanese students taught Japanese craft, cleaning of class, dance, song and origami.

Celebration of Independence Day, Jamashthami and Republic Day:

For the Independence Day celebration, children of MCPS Naraina Gaon and MCPS J J Camp Naraina participated enthusiastically in the celebration of Independence Day.



During the festival of Janamashthami, the facilitator taught dances and songs about Lord Sri Krishna. They presented the show in front of the school officials and class teachers in the resource center. It was a very happy occasion for children as they came dressed up in colorful costumes and make up from home. Everyone enjoyed this festival for which the children rehearsed for a week. The participants learned dances & performed a play in the main assembly hall in front of the school Principal and, class teachers and all the students.

Children danced to folk tunes and performed Rajasthani dance for which they rigorously practiced for one week. The patriotic play presented by them was scripted and written by the children who wrote the dialogues themselves. It was a simple play from the hearts of the children and the audience appreciated it very much. Children celebrated republic Day festival in MCPS J J Camp, Naraina. Cultural program was also organized by children.

Organised UN International Peace day



UN International Peace Day 21 September was celebrated with the 5th class children. The painting competition was organised with children of MCPSJ J Camp Naraina and MCPS Naraina Village. The theme of painting and talks was “Climate action for Peace” Children were informed about pollution, global warming and sanitation. Children participated in the painting competition and delivered their views. Prizes were distributed to the children.

• Open Schools - Education for vulnerable children in Delhi

DISHA aims to provide inclusive and equitable quality education to disadvantaged children for promoting lifelong learning opportunities as per the UN Sustainable Development Goal-4 (SDG-4). One of our focus areas is inclusive education through innovative approaches for underprivileged children and to advocate for making quality education a reality for all by 2030. In India, 32.4% of young girls opt out of school due to poverty. According to our experience of working with underprivileged children, educating the girl child would do wonders for the progress of the nation. DISHA aims to play a transformative role in shaping young minds, molding their characters and imparting quality education.



To cater to the needs of a heterogeneous group of learners, DISHA held alternative educational classes for 60 school going, school dropouts, non-school going and disabled children from urban slums. The focus was on enabling children to gain knowledge and skills through participatory actions suitable to their needs. DISHA used innovative pedagogy like need-based teaching learning materials, children theatre and audio-visual aids in education for enhancing the artistic bent of the child's mind and help in increasing the technical ability.

The children from Kanchan basti, Khazan Basti Rewari Line and Jawahar Camp slum area attended open school. Teachers from local areas were engaged to conduct the classes with suitable timings in consultation with the community.

Visit of volunteers:

DISHA organized a field visit of Ms. Alina Lotluffina and Ms. Olga Zhvirblis from Russia to visit the Open School in Nangalraya for volunteering in the classroom activities and to interact with students, and teachers in open schools in July 2019.



Students were divided into two classes based on their age group and had the fortune of learning about Russia from the two visitors. To the first-class Elina narrated a Russian story and taught the children some songs in the Russian language. The second class with older students learned some useful words and count numbers up to 50 in Russian.



The students presented songs and dances from India and taught Alina some useful sentences in Hindi. Later, refreshments were served to the children who also received stationery from the visitors. This interaction helped the students to learn about Russia, their language and culture.

On 22nd November 2019, two visitors from Sweden came to interact with the students at Open School of DISHA. Ms Ulrika Nimstrand, Principle of a famous school shared about the school system in her country. She taught the children about Sweden, Swedish culture, children and the festivals they observe in her country.

Students asked both the visitors many questions about the King and Queen of Sweden. This interaction provided children an unique opportunity to learn about this Scandinavian nation with thousands of coastal islands and inland lakes, along with vast boreal forests and glaciated mountains.



Its principal cities, eastern capital Stockholm and southwestern Gothenburg and Malmö, are all coastal. Stockholm is built on 14 islands. It has more than 50 bridges, as well as the medieval old town, Gamla Stan, royal palaces and museums such as open-air Skansen.

Two visitors from Gisborne, New Zealand visited the open school to have an interactive session with the students on 20th January 2020. Mr. Stephen Donald and Mr. Raymond told the students about their country New Zealand (NZ) which is an island country in the southwestern Pacific Ocean. It consists of two main landmasses—the North Island and the South Island—and more than 700 smaller islands, covering a total area of 268,021 square KM.



Students were delighted to learn in depth knowledge about NZ from the visitors. Students asked them many questions about their schools, culture, food habits and of course about the games that the children play in New Zealand. After a useful session out, students were presented with stationery items and together they had refreshments bought specially for the students on the occasion.

Excursion of students of Open Schools:

DISHA organised the screening of movie show 'Frozen 2' for 140 students of Open School on 27th November 2019 at the cinepolis, Janakpuri. DISHA registered the children living in the surrounding slum area of Rewari line, Nangalraya, Kanchan Basti, Chunna Bhatti, Khazan Basti area. Written permission was taken from their parents for the outing organised by us.



This excursion was arranged and supported by Indian Development Foundation, Mumbai, Disney India and PVR Cinemas company. On 27th November two buses were hired for transporting students to the movie hall.

A major theme in Frozen II is the environment and the four elements: air, water, earth, and fire. Elsa feels herself being called “into the unknown,” and it's later revealed that she is a mediator between these elements and humans.

The students enjoyed this movie show along with others and benefitted from the message conveyed in the movie. After the movie show students were given refreshments and gift.



Celebrations of festivals:

The students of Open school celebrated Holi, Christmas by putting up a cultural program, exchanging Christmas and New Year cards and having a get together.



For this each child contributed to his or her ability and made this event memorable.

Swachh Paryavaran Campaign by Children:



DISHA organized Swachh Paryavaran Campaign for creating an awareness against rising pollution. Students of open school participated in the rally holding placards in their hands stating messages of various types, causes, and fallouts of pollution.

The rally commenced from Nangal Raya and culminated at Mayapuri area in Delhi. Students sensitized the masses about the menace of environment degradation and suggested measures to reduce pollution.



• Remedial Teaching

Students who had temporarily fallen behind in their studies or otherwise needed short-term support in their learning which DISHA provided through remedial teaching. Remedial teaching was started immediately provided to students when the difficulties in learning or school attendance was noticed, so that the students would not stay behind permanently in their studies.

DISHA objective of remedial teaching was to provide additional help to disadvantaged students from slum area. DISHA provide remedial support to 36 students who are who are academically weak and studying in class from 5th to 10th standard. Remedial classes were organized in two batches separately for boys and girls after regular school hours. Those students were enrolled for remedial classes with priority who were unable to cope with class work and homework.



The student's learning showed improvement and they were able to better cope in their school. Tests revealed marked enhancement in their scoring. Parents also appreciated the extra efforts put in by DISHA facilitators in bringing their wards up to the mark.

• Spoken English

Youth attending vocational training enrolled for the spoken English classes as they were eager to be able to converse in English the Majority of youth were very keen to learn spoken English. Sixteen students divided into batches attended the classes and soon were able to pick up reading short sentences. They were immensely fond of reading small story book which helped them to understand the use of vowels and consonants, use of a, an and the, singular, plural and opposite words. Students have picked up simple words in English and are able to speak simple sentences of their use in daily life and their skill in comprehensive reading and typing on the computers was enhanced.

❖ SKILL TRAINING IN COMPUTER EDUCATION



Skill training in computer was organized with thirty students at the Nangal Raya center at DISHA. The syllabus involved getting to understand about the various parts, learn programs of Paint, DOS, and MS Word. The syllabus included in the first month the fundamentals of

computer hardware and operating system, DOS and basic of computers. In the next three months the syllabus covered MS office, MS paint, MS power point Word and Excel

During fourth to six months, students learned about internet, browsing, e-mail creation, e-mail handling and data entry operation. The trainer divided the students in two shifts. Boys attend the classes in the morning shift, while the girls attend in the afternoon.

In the Paint and DOS program all the students are well versed and are able to create different designs, add models in MS paint. MS word excel and power point programmes were picked up well by the students.

Digital Learning:

DISHA worked to boost digital literacy in education to disadvantaged youths with skills, tools and capabilities that new global economy demands. Digital learning classes were organized in different subjects for the students from class 6th to 10th in different batches. DISHA has set up computer labs in our study center to internalized digital learning.

❖ 'STREE SHAKTI' PROGRAM – A SKILL TRAINING FOR WOMEN



- DISHA started a vocational training course for adolescents and young women in cutting and tailoring skills.
- DISHA identified the beneficiaries from this area by holding two group meetings in the community. Interested beneficiaries were interviewed and registered as the first batch of trainees for the vocational training course of six months duration.
- The selection criteria for the course were based on the aptitude and economic background of women. The age of the trainees is 18 years and above. Preference was given to trainees from women headed households, backward castes and low-income categories.
- Batch of twenty trainees who having low educational and economic opportunities and living in the slum started attending the skill training in tailoring at Basti Vikas Kendra, Khazan Basti slum, Nangalraya. The timing of the class was from 2-5 pm.
- In the training they learned simple stitching by hand, hemming, making eye, hook and stitch buttons, got familiar with the machine and its parts and handling the sewing machine, drafts on paper, stitched it by hand and they were able to stitch using the sewing machine.
- During the training period, they became proficient in sewing terminology, taking correct body measurements, advanced machine stitches, designing, drafting & pattern making, layout & fabric estimation, cutting, tailoring & finishing of garments for children, ladies and gents.

❖ TRAINING OF CHILDREN IN MORAL VALUES

DISHA held two training for children to teach lessons in ethics and morals by telling stories on honesty, truth, friendship, and compassion. We used examples from childhood story of Mahatma Gandhi and themselves. They were surprised to know that how a shy child like them became a Mahatma applying truth and honesty. Children also came to know that when people follow one holistic value of 'love for humanity it is possible for them to become humble, honest and develop qualities like compassion and tolerance without which a world of peace and harmony is not possible.



They were taught 10 Moral Values to Lead a Great Life i.e.1. Respect 2. Family 3. Adjusting and Compromising 4. Helping Mentality 5. Respecting Religion 6. Justice 7. Honesty 8. Never Hurt Anyone 9. Theft 10. Peace and nonviolence.

Moral education is, therefore, not a phase of education, but all education focused for developing positive moral character.

The feedback received from children revealed that had understood the principles of moral values and had were keen to practice them at home.

ORGANISING GANDHI KATHA

DISHA organized two Gandhi Katha with eighty-six children of class 3rd to 5th in both the MCPS primary schools. Indian oral tradition of Katha is very popular and an effective way to communicate the message easily to the children and adults alike.

Mahatma Gandhi is the most well-known Indian in the world. He followed the inner voice that guided him throughout his life. Mahatma Gandhi's thought and principles can guide the people in any part of the world as it has the strength to inspire and bring about change. Gandhi Katha is contextual and based on the historical connection and influence of Mahatma Gandhi.



Gandhi Katha was of 45 minutes duration in which children were taught about the various aspects of Mahatma Gandhi’s life and teachings. Topics covered were Balak Mohan, Chatra Mohan, Barrister Mohan Das Gandhi, Color discrimination, Contribution of Mahatma Gandhi in India’s independence movement. Children were also trained to recite Gandhi Dhun.



Quiz competition was also organized on Mahatma Gandhi with children who participated enthusiastically in the quiz competition. Prizes were distributed to the winners.

❖ PRAVENTIVE HEALTH CARE

TRAINING IN LIFE SKILL EDUCATION

Twenty-four adolescent girls participated in a training in life skills and issues of adolescent reproductive health (ARH) held at Khazan Basti, Nangal Raya slum center. In the beginning, The resource person laid stress on the onset of adolescence and the resultant changes and growth that occur during this period. The training was conducted with utmost empathy and sensitivity.



The resource person ensured that participants understand all the aspects, share their insecurities and questions. The training laid emphasis on the significance of reporting abuse and discussed with them the crucial indicators for identification of potential vulnerabilities and risks so that once the adolescents share it the counselor could help them by addressing these vulnerabilities. Such frank discussion and question and answers helped the participants in understanding of Gender and Sexual Violence and Child Abuse.

HEALTH CAMP

DISHA conducted a curative health camp in slum at Khazan basti situated in Nangalraya Delhi in which approximately 98 students and patients participated and directly benefited from by getting their medical issues addressed in the camp. The treating health professional provided free medical checkups, diagnosis and medicines.



The field staff advised them about the existing and new government health schemes and provided information on the linkages especially for vaccination of infants, neo natal and post-natal maternal care and family planning. DISHA followed it up by group meetings with women of the community on symptoms of Anemia, early and exclusive breast feeding, complimentary feeding, sanitation, nutrition and gender issues. Routine health checkup was provided to the children studying in the Alternative Educational Centre on monthly basis. Community members were also involved in teaching health and hygiene practices to their children.

INITIATIVE TOWARDS SWACHH BHARAT ABHIYAN

One workshops on various aspects of Swachh Bharat Abhiyan were organized in Khajan Basti slum area where children was given lessons on personal hygiene, sanitation and waste isolation practices.

❖ COMMUNITY AWARENESS ABOUT COVID-19

In a rapid survey undertaken by DISHA it was found that the slum community members had many misconceptions and lack accurate knowledge about transmission & prevention of COVID-19.

In March 2020, DISHA organized community meetings for creating awareness about crucial aspects like preventive, hygiene, wearing masks, social distancing, and combating stigma.

In camps held to create awareness about crucial aspects COVID appropriate behavior with eighty children and youth from Khazan Basti slum, Kanchan Basti and Rewari line slum bastis in New Delhi participated.

FINANCIAL SUMMARY**BALANCE SHEET AS ON MARCH 31, 2020****SOURCES OF FUNDS**

Corpus and Endowment Funds	37,15,395.50
Capital and Reserves	-
Specified Funds	-
Total	<u>37,15,395.50</u>

INCOME AND EXPENDITURE ACCOUNT YEAR FOR THE ENDING ON MARCH 31, 2020**INCOME****Grants and Donations**

A. Grants / Donations and others	3,09,943.00
Interest Income	9,463.00
Other Income	2,27,200.00
Total	<u>5,46,606.00</u>

EXPENDITURE

Development Program Expenditure	4,91,707.00
Admin and other expense	49,156.00
Loss on Damaged assets disposal	96,690.00
Total	<u>6,37,553.00</u>

Excess of (Expenditure) over Income	<u>(90,947.00)</u>
-------------------------------------	---------------------------

Net excess of unspent/overspent balances carried to	
-----------------------------------------------------	--

Balance Sheet	-
---------------	---

Allocable surplus	-
-------------------	---

RECEIPT AND PAYMENT ACCOUNT AS ON MARCH 2020**RECEIPT**

To Opening balance (cash/bank)	6,09,408.05
To Grants / Donations and others Receipts	3,18,194.00
Other Receipts	61,957.00
Total	<u>9,89,559.05</u>

PAYMENT

Expenses Incurred on Projects/donations	4,91,707.00
Other Misc. & Administrative Expenses	87,156.00
To Closing (cash/bank) Balance	4,10,696.05
Total	<u>9,89,559.05</u>

All amounts in Indian Rupees

Contact Information:**Chief Functionary:** Shobhana Radhakrishna**Address:** DISHA, 13 / 88, Block C-4 / B, Pocket 13, Flat No. 88
Janakpuri, New Delhi – 110058**Auditors:** Ram K. Gupta & Associates

F-9/12, Ground Floor, Malviya Nagar, New Delhi-110 017 (P) 011-26682204


Ravi Chopra
Secretary

New Delhi