

# DISHA

## SOCIETY FOR RURAL AND URBAN COMMUNITY DEVELOPMENT ANNUAL REPORT



2017-2018



### Contact

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## OUR MISSION

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DISHA's mission is to make real the idea of society consisting of having social, economical and educational empowerment of the underprivileged sections of the society towards grass roots democracy. The commitment is to eradicate all forms of injustice and discrimination against women and children and to build unity and solidarity through peace and justice.

To realize our dream, we feel called to join the under-privileged community in their struggle to create a just society through 'Antyodaya' (the awakening of marginalized people) and 'Gram Swarajya' (People's participation in governance).

## OBJECTIVES

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- ◆ Empowering poor women towards self-reliance, gender equality, better health, capacity building, developing leadership qualities and training in managerial skills through formation of cooperatives, self-help groups, credit & thrift societies.
- ◆ Increasing functional capabilities through non-formal education.
- ◆ Introducing experiment & innovation to emphasize on vocational education and skill upgradation.
- ◆ Developing communication material, designing training support material and utilization of traditional and modern communication media.
- ◆ Educating young women & men on issues concern with reproductive health & family planning through community-based initiatives.
- ◆ Using effective channels of communication to deal with the problems related to environment, shelter, sanitation, infrastructure & health.
- ◆ Emphasizing upon human resource development by nurturing local talents & resources with various development skills through training workshops & learning exposures
- ◆ Undertaking case studies related to issues concerning women and children

## ORGANISATION PROFILE

Address:	13 / 88, Block C-4 / B, Pocket 13, Flat No. 88 Janakpuri, New Delhi – 110058.
Administrative Office:	Block C-5/D, 6A, Janakpuri, New Delhi-110058
Phone:	011-25533204, 41570597, 9810078620
Email:	dishaindiasociety@gmail.com
Web site:	www.dishaindiasociety.org
Field Office:	Basti Vikas Kendra, Khazan Basti Nangal Raya, New Delhi
Year of Establishment:	1992
Chief Functionary:	Ms. Shobhana Radhakrishna

## LEGAL IDENTITY

- DISHA is a Voluntary Organization registered under the Society Registration Act 1860 with registration number S/23467 dated 10.10.1992. DISHA constitution is available on request.
- DISHA is registered u/s 12A of the Income Tax Act, 1961 with registration number 251/93-94 dated 21.1.1994, and also 80G (5) (VI) with DIT (Exemptions), 1976 with registration number DIT (E) 2007-2008/D 534/2106 dated 10/10/2007.
- DISHA is registered u/s FCRA with registration number 231650748 dated 17.8.1995
- The PAN number of DISHA is AAATD2251L
- Name and address of the Banker:
  - ◆ Bank of Baroda, Kirti Nagar Branch, New Delhi 110015 (for Indian money and FCRA Account)
- Name and Address of Auditors:
  - ◆ Ram K. Gupta & Associates, Chartered Accountants  
F-9/12, Ground Floor, Malviya Nagar, New Delhi–110 017  
Phone 011–2667 7211 (o) 011-26682204 (R)

## MEMBERSHIP

- Accredited by ‘Credibility Alliance’, Mumbai
- Member of ‘Voluntary Agencies for Rural Development’, New Delhi
- Member of ‘Integrated District Health Society’, New Delhi
- Member of ‘Mahila Samakhya’ program of Government of Bihar
- Co-convener of ‘Jal Biradari’, Bihar
- Member of ‘Indo-Japan Friendship Group’, New Delhi

## GOVERNANCE

• **Information on the objectives and a description of the main activities of the year:**

**DISHA** is a voluntary organization working for socio-economic development of urban and rural communities. DISHA is inspired by Mahatma Gandhi's ideology of serving the downtrodden, poorest of the poor and marginalized sections by working on peace, justice, human rights, education, health, employment generation and development.

These programs are based on the felt needs of people with an effort to mobilize participation for their individual and community development. DISHA was founded in 1992 and since then these initiatives have helped people on the path of self-reliance, dignity, justice and empowerment.

DISHA implemented the following main activities this year:

- Participation in grassroots democracy and good governance for women
- Skill training for women and children
- School improvement interventions in MCD primary schools
- Education for vulnerable children in Delhi
- Health Camps and Awareness generation
- Peace education for youth

## GEOGRAPHICAL COVERAGE

DISHA works in seven slum clusters of Delhi with children, adolescents, youth and women and their families.

NAME	LOCATION	Number of families covered by DISHA
Kanchan Basti Slum	Nangal Raya	3550
Rewari line Slum	Mayapuri Phase – II	2500
Khazan Basti Slum	Nangal Raya	2100
J.J.Cluster Mayapuri Slum	C-76, Mayapuri Phase – II	1750
Jahawar Basti Slum	Kirti Nagar Industrial area	2200
Chuna Bhatti Slum	Naraina Industrial area	2750
Sabzi Mandi Slum	Nangal Raya	1200

## DETAILS OF MAJOR PROJECTS TILL MARCH 31, 2018

- **Education for Street children**

Open Schools are an initiative to educate and develop the skills of children and youth living in the slums of West Delhi to get access to basic education and skill training to help them in realizing their potentials.



From April 2017 to March 2018, the Open Schools will allow us to help 340 children in the process of socialization by providing educational inputs for their all-round development. One hundred and twenty youth were trained in tailoring, computer literacy and along with spoken English and life skills at resource centers. This has drawn appreciation from parents and community members as they have noticed the difference in their child's performance over these twelve months. The happy faces of the children and the joy of being able to learn in the open schools has made us determined to carry on reaching out and educate disadvantaged children in the future as well. Change comes slowly, but with whole communities involved, a groundswell of demand and informed debate and engagement with policymakers, the bureaucracy, academia and media develop.

### OPEN SCHOOLS

Six open schools were established in J.J.Cluster Mayapuri Slum, Jahawar Basti Slum, Chuna Bhatti Slum and Sabzi Mandi Slum area with 340 children. Six teachers from local areas were engaged to conduct the classes with suitable timings in consultation with the community.



The activities included storytelling, bal-geet, swar vyanjan, words with two vyanjans. In EVS personal hygiene and cleanliness of surrounding was done using the Galli Galli Sim Sim activities. Older children learnt some sentences in English which they enjoyed very much. Teachers used teaching learning materials, story books and games to involve students in activity-based learning. Teaching learning materials, charts, books, and blackboards were

kept in the centers as children attended the educational classes in two batches. There are multi grade and multi-level children in the age group of 4-6 years and 7-14 years. To teach these two groups two types of lesson plans were prepared addressing their educational levels by DISHA. DISHA used innovative pedagogy like storytelling, poem recitation, book reading, games, quiz, puzzles and songs through activity-based learning.

### **Health Checkup**

DISHA organized two health checkup camps for children of open schools of Jawahar Camp and Khazan with students and their parents. Earlier, in the preparatory phase, the teachers of the open schools, the field worker and the project coordinator organized meetings with the parents and the community members to give prior information about the health camp being organized by DISHA.

A doctor, one paramedical staff and five project team members organised the camp. Most of the students suffered from cold, fever, diarrhea, cough, worm infestation, eye ailment, backaches, and digestive tract disorder for which treatment and medicines were provided by DISHA.

### **Training in life skill education & ARH**

Eighty three adolescent girls participated in two training on life skill and adolescent reproductive health (ARH) held at Nangal Raya and J.J.Cluster Mayapuri Slum resource centers. The resource person laid stress on the issues of Adolescence in the beginning and discussed about the growth and changes that occur in this period.



Participants understanding of Gender and Sexual Violence and Child Abuse to young children and adolescent girls were enhanced through the Gender and Sexual Violence Peer Training Project using our 5-pillar creativity approach. It also lays emphasis on familiarizing participants with legal frameworks, both national & international, that address gender-based violence. The training was conducted with utmost empathy & sensitivity and also ensured that participants crucially understand the significance of reporting abuse and identification of potential vulnerabilities and can learn concrete strategies and response to risks to address these vulnerabilities.

### **Skill training in Computer Education**

Skill training in computer organised with 30 students at the Nangal Raya centre at DISHA. The syllabus involved getting to understand about the various parts, learn programs of Paint, DOS, and MS Word. Fourteen boys and sixteen girls attended the computer training classes. The syllabus included in the first month the fundamentals of computer hardware and

operating system, DOS and basic of computers. In the next three months the syllabus covered MS office, MS paint, MS power point Word and Excel.



In the third month onwards internet, browsing, e-mail creation, e-mail handling and data entry operation. The trainer divided the students in two shifts. Boys attend the classes in the morning shift, while the girls attend in the afternoon. In the Paint and DOS program all the students are well versed and are able to create different designs, add models in MS paint. MS word has been picked up well by the students

### Spoken English

Majority of youth were very keen to learn spoken English and they were taught to recognize the alphabets, introduce self and tell word meanings from story books, use of vowels and consonants, use of a, an and the, singular, plural and opposite words, reading from story books, making sentences by using simple words in this month.

### CASE STUDIES

मेरा नाम रीशभ है  
 मैं ग्रेजुएट में पढ़ता हूँ  
 मैं 10 साल का हूँ  
 मुझे बिल्लू खेलना अच्छा लगता  
 है। मुझे पढ़ना लिखना बहुत  
 पसंद है। मैं बड़े टीचर जॉब  
 बनना चाहता हूँ और देश की  
 सेवा करना चाहता हूँ।

मेरा नाम मनीषा है।  
 मैं चौपी कक्षा में पढ़ती हूँ।  
 मैं 8 वर्ष की हूँ।  
 मैं मनीषा बड़ी टीचर डॉक्टर बनना चाहती  
 हूँ। दिशा में आने के बाद मेरे आत्मविश्वास  
 में वृद्धि हुई। मैंने यहाँ पढ़ना लिखना  
 सिखा और नाटक जिनमें मैं सीता  
 बनी मुझपर असर डाला।

## • In-school initiatives for MCD primary school students

With the long term project goal to engage with government schools to complement SSA program for quality education, retention and completion of primary schooling of disadvantaged girl children; DISHA in collaboration with the North Delhi Municipal Corporation is supporting to bring about enhancement in quality of education of 1466 girl children studying in four Municipal Corporation Primary Schools (MCPSs) in Karol Bagh zone.

DISHA offered academic support in Hindi and Math in the classrooms and resource centers through activity-based learning, built capacity of teachers in innovative pedagogy through school curriculum interventions and held advocacy for strengthening community and school linkage in the following schools:



- MCPS, shift - I, Naraina village
- MCPS, shift- I, J.J. Camp Naraina, Inderpuri

### School curriculum intervention and classroom support

The facilitators provided academic support for Hindi and Math in consultation with the class teachers.



For class-I, lessons 10-23 were done including *Chakai ke Chakdum*, *Choti ka kammal*, *chaar chane*, *Haleem chala Chand pe* and poem *Haathi challam chal* with the concepts of correct pronunciation, storytelling, identifying *varna* upto 'pa' and formation of two letter words. In Math, lessons from 7-13 were taken up with the concepts of familiarizing children with different measurement, grouping, shapes, counting and identifying numbers, recitation and writing of numbers from 51-100.

For class- II in Hindi, lessons 10-15 were taken up including *natkhat chuha*, *Ikki Dukki*, *Namon ki rail*, with the concepts of correct pronunciation, storytelling, identifying *varna* and formation of words based on names and occupation. In Math, lessons from 9-15 were taken up based on the concepts of days and months, tables up to 6, addition, lines, length, width and two digit addition and patterns.







For class- III –V in Hindi, lessons 9-14 including Mirch ka maza, sabse accha ped, changing the gender, opposite words, mastering all *matras*, storytelling, joint words, poem, dialogue and forming sentences. In Math, lessons 9-14 were taken up with concepts of simple multiplication, patterns, inside-outside, less and more, measurement and sums of division.

### Resource centers

The facilitators of DISHA replenished the teaching learning materials in the resource centers along with the students who enthusiastically participated in decorating the rooms. All the teaching learning materials including charts, flash cards, story books, learning kits and aids were placed in the resource centers to carry out activity-based learning. This enabled the students to use the teaching learning material for about two hours each day to augment what they learned in the classrooms. DISHA organized many non-scholastic activities including and poem recitation *sulekh* competitions, *Antakshari*, book reading, storytelling, quiz and celebrated events and festivals.



### Training in adolescent reproductive health:

Training of three days each was organized by DISHA with 86 students in MCPS Naraina village and MCPS J J Camp, Naraina



The topics covered were - our bodies, changes at the onset of puberty, menstruation, growing up, hygiene, nutrition, anemia, sexual abuse, violence, self-esteem, good and bad touch, HIV and AIDS & life skills. On the final day a quiz was held which was very much enjoyed by the participants. All of them received prizes in the presence of the Principals and class teachers. After the training the booklet on adolescent health were distributed to the participants.

## Convergence between community and schools:

The facilitators held weekly meeting with the teachers while the project manager held monthly meetings with the principals of the schools to plan for the activities to be held in the coming month and to resolve any issue emerging as a result of the intervention as decided in the Orientation meeting. Three meetings were held with the DDE of Karol Bagh zone for further coordination.

DISHA organized meetings with the members of the 'Shiksha Samiti' in the schools and four meetings were held with 164 parents. They were informed about the activities being undertaken by DISHA in the classrooms and the resource centers to support their children to learn Hindi and Math.



## Special events:

### Gandhi Jayanti

In all the two schools the facilitators prepared the students for the Gandhi Jayanti celebration and organized prayers, quiz competition, made peace posters and held eloquence competition on peace and non-violence in October in front of Principals, class teachers and other students in the assembly hall.



### Children's day

The project team members actively participating in the schools and celebrated children's day function by playing games, singing songs and participating in cultural program organized in the playground.

## Feedback from Schools: Principal, MCP School, JJ Camp Naraina

The facilitator from DISHA provided academic support in classroom and resource centers and periodically conducted learner outcome assessment using questionnaire and worksheets in Hindi and Math. DISHA replenished the resource center by adding new story books and a variety of teaching learning materials for Hindi and Math. Our class teachers along with the teachers from other three schools were present in the stakeholder meeting conducted by DISHA in which DDE and ADE were also present and appreciated DISHA's initiatives.

## Case Studies

**Sonali** is eight years old and is a student of class I in MCPS JJ Camp Naraina. Her parents and four siblings in a rented place in B-156 Budh Nagar. Sonali's father Nama Jha is a tailor while her mother Meera is a housewife. She loves to read and write the *matras* and words from the book, knows tables up to 3 and can-do simple addition, subtraction and multiplication. She is good in sports as well as in studies. She wants to become a doctor when she grows up.



**Priyanka** is nine years old and is studying in class-III in MCPS Naraina Goan. Priyanka is able to read from the book in Hindi as she picked up all the *matras* well while doing various activities in resource center established by DISHA. She is also good in math and knows tables up to 15 and does sums of addition, subtraction, multiplication and division easily.



❖ **‘STREE SHAKTI’ (EMPOWERMENT OF WOMEN)**

Women are worst affected when it comes to unemployment and poverty. Without any income of their own, they need to depend on men for anything and everything. If the men are also unemployed, the matter gets worse. Women empowerment through self-reliance and financial independence can be achieved by providing vocational training, through which women can either start up something of their own or take-up a job.



DISHA runs the vocational training center for poor Women where they provide training to underprivileged young girls and women in Cutting & Tailoring - Basic & Advance courses in C&T as per the guidelines of Directorate General of Education and Training. The duration for each course varies from 3-6 months depending on the level of skill being taught at any given point of time.

At the end of the term, an examination is held to determine their knowledge and understanding of the programme and the skills being taught, and their results are declared accordingly. The classes are held in batches and each batch consists of 8-10 students with one instructor training them.

❖ **Health camps**

DISHA conducted one curative health camp in slums at Nangalraya and Mayapuri area and approximately 165 patients benefited from the camp. They were provided free medical checkups, medicines, linkage with PHCs for vaccination to children, health awareness and family planning. Linkage was established with ASHAs, Anganwadi centers, PHCs and ANMs for immunization and pre school education for small children. In the camp general health check up was also taken up for the larger community.



Orientation was given in group meetings on anemia, early and exclusive breast feeding, complimentary feeding, sanitation, nutrition and gender issues to 220 women and adolescents. Routine health checkup was provided to the children studying in the Alternative Educational Centre on monthly basis. Community members were also involved in teaching health and hygiene practices to their children.

❖ **Peace Education and Dissemination of Gandhian ideology**

Lectures were held on ‘Ethical leadership, values and social responsibility based on the ideology of Mahatma Gandhi’ for youth by DISHA Chief Functionary in various part of India. The main themes covered were - Gandhi the man and his qualities, his leadership strategies; Gandhi will live on, ethics and values in management, social responsibility and steps one can take for social change.

**FINANCIAL SUMMARY****BALANCE SHEET AS ON MARCH 31, 2018****SOURCES OF FUNDS**

Corpus and Endowment Funds	37,15,395.50
Capital and Reserves	-
Specified Funds	-
<b>Total</b>	<b>37,15,395.50</b>

**APPLICATION OF FUNDS**

Fixed Assets	52,44,766.00
Investments	4,77,200.00
Net Current Assets	-
<b>Total</b>	<b>52,44,395.50</b>

**INCOME AND EXPENDITURE ACCOUNT YEAR**

FOR THE ENDING ON MARCH 31, 2018

**INCOME****Grants and Donations**

A. Grants, Donations	5,96,365.10
Interest Income	45,228.00
Other Income	1,212.00
<b>Total</b>	<b>6,42,802.10</b>

**EXPENDITURE**

Development Program Expenditure	4,75,288.00
Development Support Expenditure	1,96,448.00
<b>Total</b>	<b>6,72,736.00</b>

Excess of (Expenditure) over Income **(29930.90)**

Net excess of unspent/overspent balances carried to

Balance Sheet -

Allocable surplus -

**RECEIPT AND PAYMENT ACCOUNT AS ON MARCH 2018****RECEIPT**

To Opening balance (cash/bank)	6,56,485.95
Grant/Donation Received	5,96,365.10
Other Receipts	77,892.00
<b>Total</b>	<b>13,30,743.05</b>

**PAYMENT**

Expenses Incurred on Projects/donations	4,75,288.00.00
Other Misc. & Administrative Expenses	1,08,101.00
To Closing (cash/bank) Balance	7,47,354.05
<b>Total</b>	<b>13,30,743.05</b>

All amounts in Indian Rupees

**Contact Information:****Chief Functionary:** Shobhana Radhakrishna**Address:** DISHA, 13 / 88, Block C-4 / B, Pocket 13, Flat No. 88

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**Auditors:** Ram K. Gupta & Associates

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Ravi Chopra  
Secretary

New Delhi